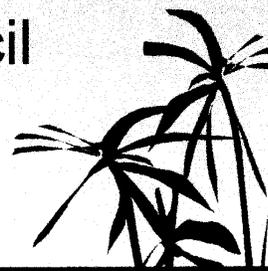


LODI MEMORIAL HOSPITAL

Joint Advisory Board
Adult Day Care/Lodi City Council



GOALS

I Responsible Delivery System

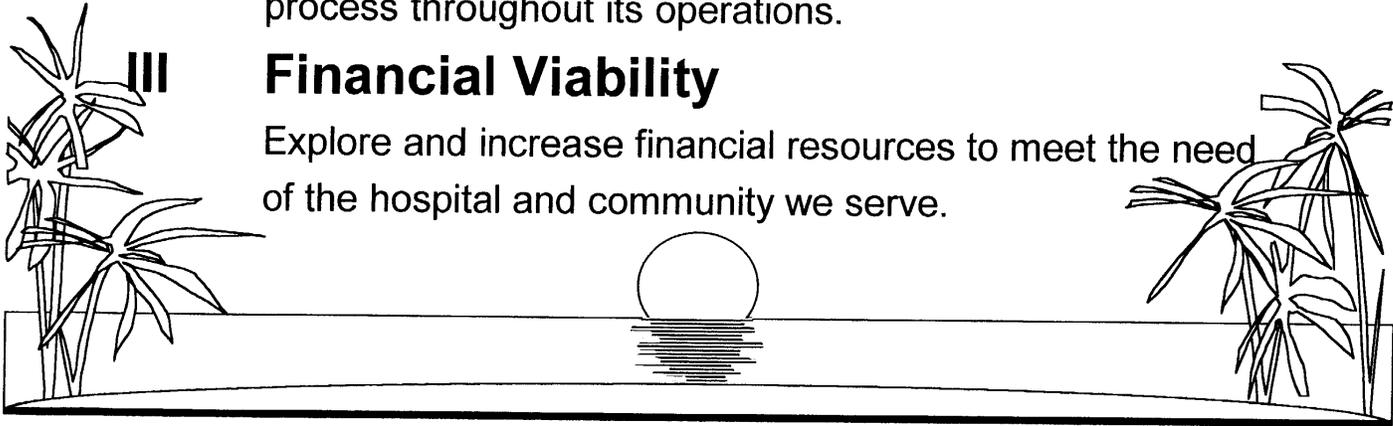
Deliver health-care which is quality driven, responsive and considerate of the physical, emotional and spiritual needs of the individual.

II Continuous Quality Improvement

Implement and manage a continuous quality improvement process throughout its operations.

III Financial Viability

Explore and increase financial resources to meet the need of the hospital and community we serve.



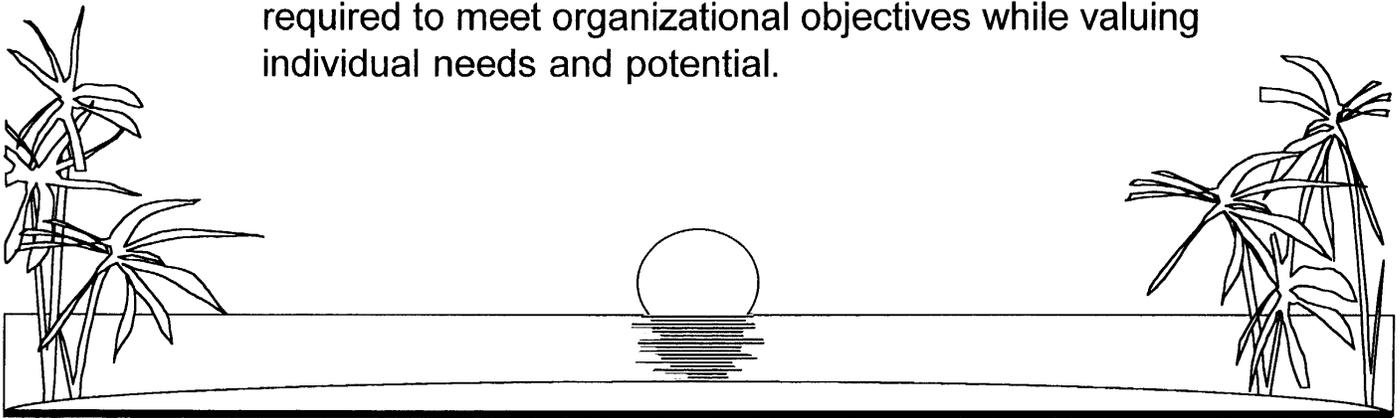
GOALS cont.

IV Community Partnerships

Foster partnerships among the community we serve to ensure the hospital meets the community's preventative and hospital-services needs.

V Human Resources

Develop, manage, allocate and invest in human resources required to meet organizational objectives while valuing individual needs and potential.



LMH 1998-99 PLANNING PRIORITIES

1. Core Business Development
 - Inpatient Services
 - Outpatient Services
 - Customer Service Program

2. Physician Integration Strategy
 - Formation of PC for contracted physicians
 - Specialists integration-IPA
 - LPCMA agreements
 - Recruitment/Retention of physicians
 - Growth/development of MSO services

3. Lodi Regional Health Systems, Inc. (LRHS) development
 - Integration of physicians (#2)
 - Contracting for larger part of premium
 - Contracting for group of physicians
 - Clinics growth and development
 - Health Plan development
 - Medicare FFS supplement
 - Provider Sponsored Organization (PSO)
 - Workers Comp Lodi program

4. Information Systems Plan Implementation
 - Decision Support System
 - Physician Connectivity
 - Infrastructure Development
 - User Training

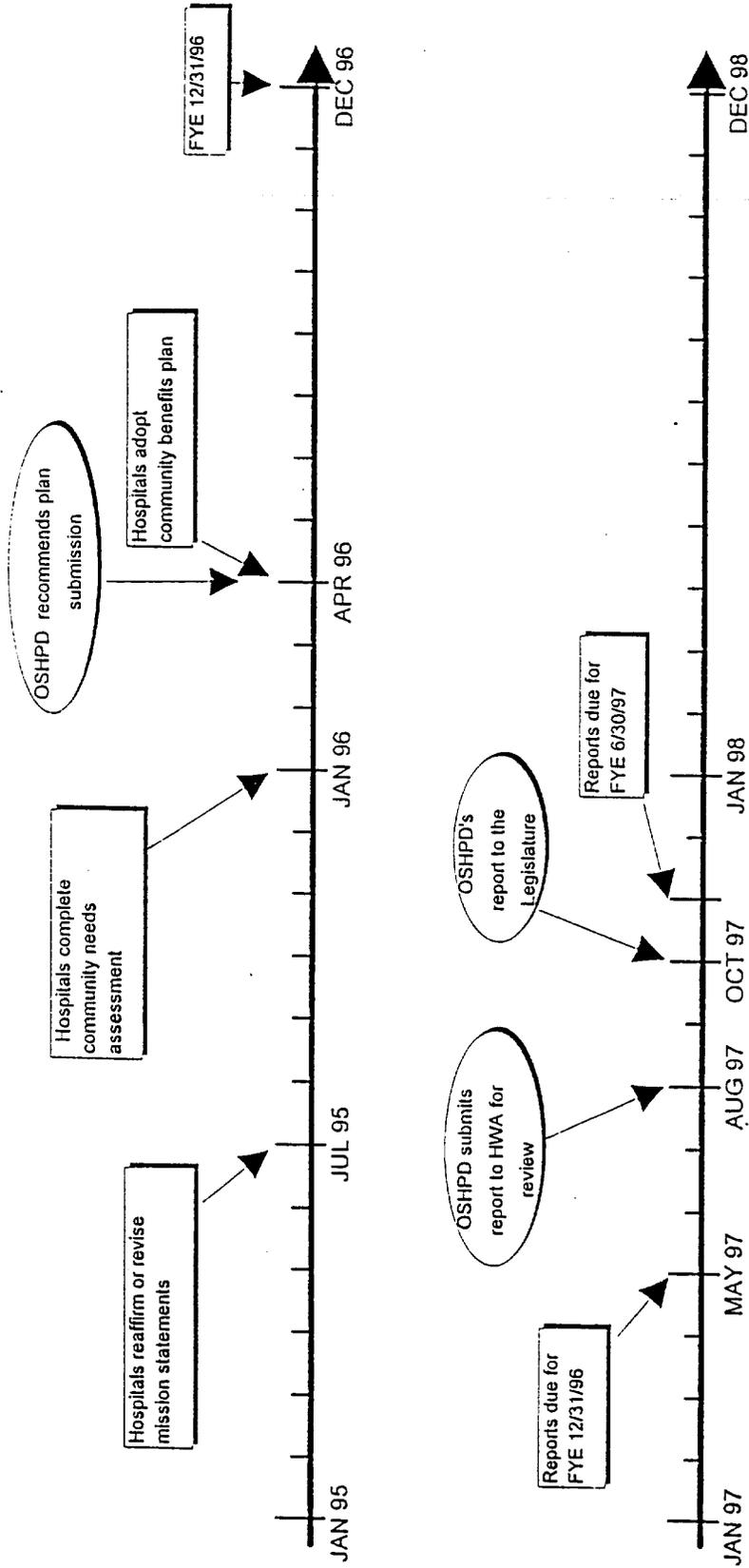
LMH 1998-99 PLANNING PRIORITIES

5. Facility Master Plan
Decision in 98 on direction
6. Community Development
SB 697 Implementation
7. Financial Viability
Fund Capital Budget
Net Income adequate to fund majority of capital budget
Increase cash balance by \$ 1.5 million per year
Reduce expenses to achieve above
8. Corporate Compliance Program
Implement Plan in 98
Reorganize Risk management
9. JCAHO
Begin preparing for 99 survey
Reorganize QMS
10. Planning Process
Design & institutionalize process
11. Vital Enterprises, Inc.
12. Maintain Status as an Independent Hospital
13. Other?

LODI MEMORIAL HOSPITAL
HOSPITAL SERVICES UTILIZATION 94-96

LOCATION	ZIP CODE	I/P	I/P	I/P	O/P	O/P	O/P	ER	ER	ER	CLINIC	CLINIC	CLINIC
		CASES	CASES	CASES	CASES	CASES	CASES	CASES	CASES	CASES	CASES	CASES	CASES
JAN-DEC		1994	1995	1996	1994	1995	1996	1994	1995	1996	1994	1995	1996
ACAMPO	95220	283	296	358	3180	3572	3709	879	704	613		13	666
BURSON	95225	30	30	17	164	175	180	51	35	17			25
CLEMENTS	95227	35	29	39	506	552	535	96	56	70		5	72
ELK GROVE	95624	9	10	11	82	89	89	22	12	14			21
ELK GROVE	95758	5	7	11	100	90	77	13	12	8			18
GALT	95632	470	721	706	4151	7105	7329	1052	1386	1398		21	2010
HERALD	95638	38	32	33	353	349	342	79	44	52		1	102
IONE	95640	77	74	72	545	583	563	123	96	87			24
ISLETON	95641	79	93	84	471	516	561	141	113	119		1	42
JACKSON	95642	39	39	26	269	236	251	19	24	22			10
LINDEN	95234	0	1		6	7	2	0	1				
LOCKFORD	95237	149	202	175	1675	1860	1872	515	381	305		8	365
LODI	95240	2707	2837	3043	26489	29602	32235	9963	7385	6882		230	8036
LODI	95241	46	50	54	574	648	746	201	158	116		4	117
LODI	95242	861	889	940	10829	11268	12522	1949	1032	1456		43	1718
RIO VISTA	94571	110	130	116	895	878	820	144	95	100			34
STOCKTON	95207	106	136	137	760	814	838	214	146	143		1	142
STOCKTON	95209	128	122	134	976	1001	977	208	186	151		1	157
STOCKTON	95210	120	133	132	939	1012	1045	235	208	164		5	158
STOCKTON	95212	72	67	59	716	725	867	177	109	115			82
THORTON	95686	59	72	48	392	482	434	256	193	168			91
VALLEY SPRINGS	95252	104	136	132	1006	1051	1230	140	114	107			73
VICTOR	95253	25	33	23	223	252	320	94	65	54		1	62
WALLACE	95254	25	13	10	213	224	231	30	26	16			9
WALNUT GROVE	95690	27	49	36	289	289	307	91	77	53		1	41
WILTON	95693	7	4	9	49	57	88	22	5	11		1	13
WOODBIDGE	95258	188	192	209	1954	2310	2524	601	462	465		15	390
TOTAL		5,799	6,397	6,614	57,806	65,747	70,694	17,315	13,125	12,706	0	351	14,478
OTHER		1,007	788	722	7,785	5,553	5,236	2,963	1,973	1,448	0	12	889
GRAND TOTAL		6,806	7,185	7,336	65,591	71,300	75,930	20,278	15,098	14,154	0	363	15,367

SB 697 - COMMUNITY BENEFITS LEGISLATION TIMELINE



OSHPD recommends that hospitals submit their community benefit plans as soon as the plans are adopted (April, 1996.)

INTRODUCTION: COMMUNITY NEEDS ASSESSMENT

"One thing we know for sure, is that hospitals must undergo a paradigm shift: from episodic interventions with patients, to continuous support of entire communities . . . from restoring health, patient by patient, to protecting and promoting the health status of the community as a whole . . . from planning service delivery, to population-based community planning. In a sense it is back to the future." James A Rice, Ph.D.

Why a community-needs assessment and community-benefits plan are required

In 1994, the California State Legislature passed SB 697, which calls for non-rural, private, not-for-profit hospitals to:

- 1) Reaffirm their mission statements by July of 1995, to indicate that their policies integrate and reflect public interest;
- 2) Conduct a community-needs assessment every three years, beginning in 1995. The assessment must include a process for consulting with local groups and government officials to identify and prioritize community needs that hospitals can address directly or in collaboration with others. The first needs assessment is to be completed by December 31, 1995; and
- 3) Adopt a yearly community-benefits plan. The plan must include activities the hospital has undertaken to address community needs within its mission and financial capacity. The first plan is to be submitted to the State Office of Statewide Health Planning and Development by April 1, 1996.

What a community-needs assessment and community-benefits plan are intended to do

While the state refutes that SB 697 is designed to justify the tax-exempt status of non-profit hospitals, this was a clear impetus behind the bill. Here are the official reasons for a needs assessment:

- Let hospitals demonstrate how they:
 - Determine the needs of the community,
 - Integrate those needs into the hospital's planning processes,
 - Demonstrate the link between the needs assessment and the community benefits plan that is implemented,
 - Allocate financial resources to meet those needs,
 - Implement policies as a function of strategic planning,
 - Implement data systems to account for community-benefit activities, and
 - Develop measurement standards to evaluate progress;
- Provide a forum and reporting structure that will promote a hospital's accountability to its community;
- Encourage community partnerships in creating healthier communities;
- Support publicly the full scope of benefits the hospital provides to the community;
- Strengthen connections between hospitals and local communities; and
- Make it safe for hospitals within the same community to talk about collaborative efforts to promote community health. This is a shift from competition to collaboration, makes better use of available resources and helps avoid duplication of community resources in the development of healthier communities.

The history of SB 697

SB 697 was developed in 1994 by representatives of non-profit hospitals. It was developed proactively, rather than waiting until 1995 when it was expected the legislature would craft its own bill requiring hospitals to justify non-profit statuses.

Sources for this report

Data was collected from a variety of hospital, state, county and local agencies using the most reliable and current sources. Lodi Memorial Hospital faces an unusual challenge as its service area covers a five-county area, and data for comparative and other purposes is not always available for all five counties. To compound matters, existing databases are often out of date. Data for this report was compiled from reviewing existing data and interviewing city planning departments and other local sources who have unpublished, best-guess estimates. Data was also collected from direct interviews with community members, medical staff, hospital staff and volunteers.

Definition of a community benefit

Community-benefit activities are activities a hospital does or can do to address community needs and priorities, primarily through disease prevention and improvement of health status. To qualify under SB 697, the activity should target the need of an underserved population and be determined through a community assessment. Activities may include:

- Services rendered to a vulnerable population, charity care, the unreimbursed cost of providing services to the uninsured, underinsured and those eligible for Medi-Cal, Medicare, California Children's Services Program or county indigent programs;
- Financial or in-kind support of public-health programs;
- Donations of funds, property or other resources that contribute to a community priority;
- Health-care-cost containment;
- Enhancement of access to health care or related services that contribute to a healthier community;
- Services offered without regard to financial return because they meet a community need in the hospital's service area, and other services including health promotion, health education, prevention and social services;
- Outreach clinics in socio-economically depressed areas;
- Community-oriented wellness and health promotion;
- Food, shelter, clothing, education, transportation and other goods or services that help maintain a person's health;
- Sponsorship of free food, shelter and clothing to the homeless;
- Delivered meals to the home-bound;
- Adult day care;
- Child care; and
- Medical research, medical education, nursing and other professional training.

Some examples of Lodi Memorial Hospital community-benefit activities include:

- Primary-care clinic
- Physician referral
- Speaker's bureau and community forums
- Low-cost or no-cost flu shots
- Educational materials
- Job shadowing
- Charity care
- Immunization clinic
- Educational opportunities, childbirth, CPR and other classes
- Donation of hospital equipment and medical supplies
- Ask a nurse
- Adult day care
- Health fairs and free screenings
- Nutritional counseling
- Hospital tours for school groups and others
- Meeting space for community/self-help groups
- Food and clothes closet
- Sponsoring local clergy at JCAHO workshop

What Lodi Memorial Hospital is expected to do with its community-needs assessment

Since our community does not have sufficient resources to address all the public health problems it faces, the hospital must:

- Analyze the data from this report;
- Identify problems and internal or external resources to solve those problems;
- Develop programs and services to resolve those problems, as best as possible within the realm of the hospital's and the community's resources and;
- Develop ways to measure the effectiveness of programs established.

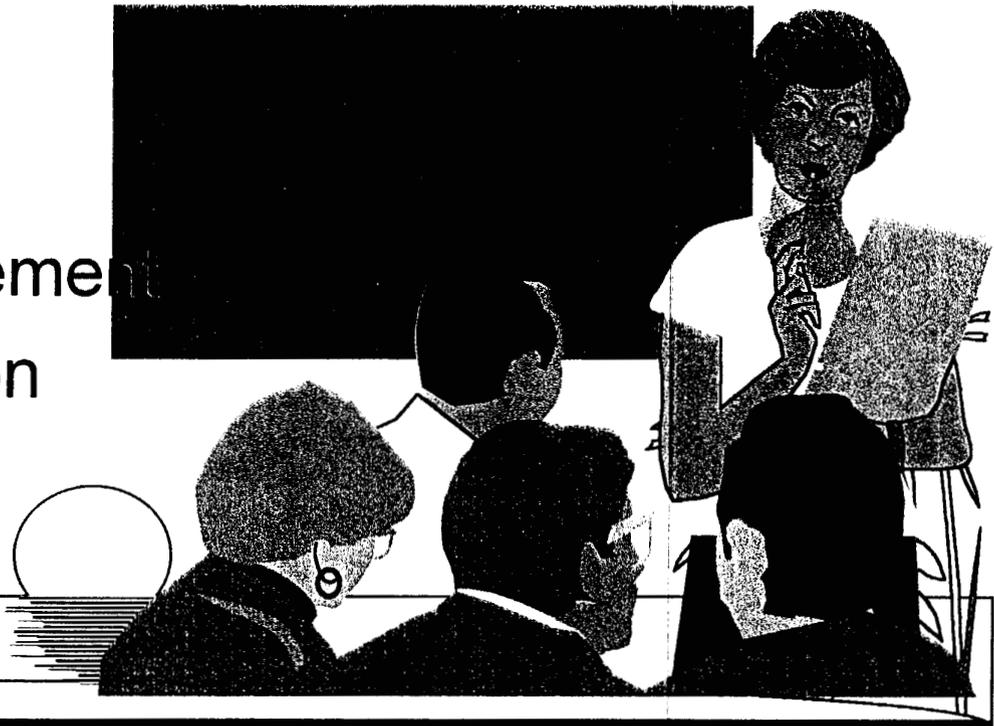
The hospital's community-benefit plan must be developed and approved by its board by the March 20, board meeting, so it can be submitted to the Office of Statewide Health Planning and Development by April 1, 1996.

LMH

STRATEGIES FOR SUCCESS

● STRATEGIC PLAN

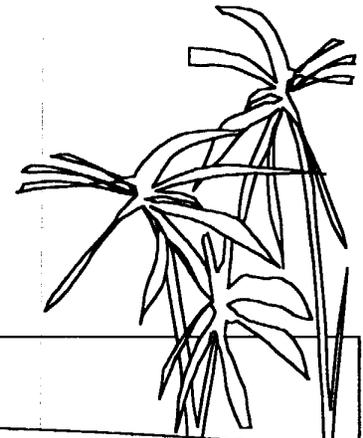
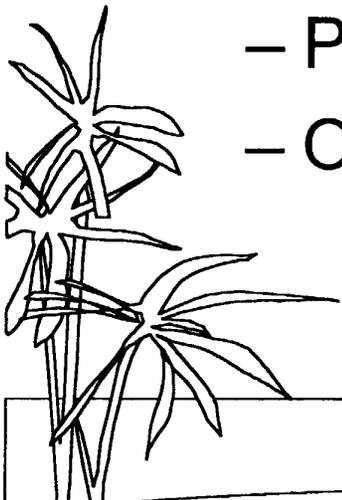
- Community Health
- Quality-Clinical
- Quality-Risk Management
- Customer Satisfaction
- Financial Viability



COMMUNITY HEALTH

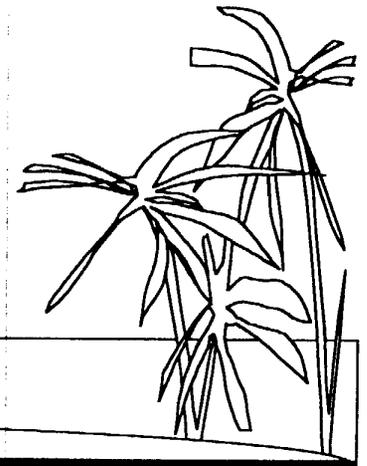
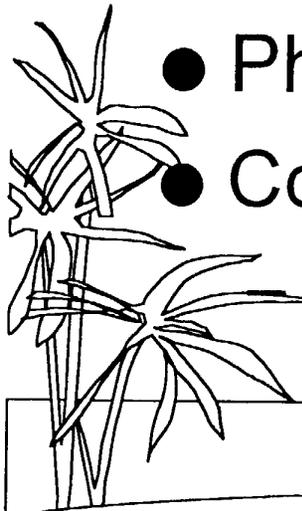
● Outreach Clinics

- Children's Clinic - Heritage School
- Salvation Army - Lockeford Location
 - ◆ Multi-service Clinic
 - ◆ Senior Citizens Services
- Primary Care Clinic
- OB Clinic



COMMUNITY HEALTH (Cont.)

- Immunization Program
 - Kindergarten Round-up
 - Adult Flu shot program
- Parish Nurse Program
- Adult Day Care
- Phone Advice Service
- Community Service Standards
 - Managers evaluated in community involvement



QUALITY-CLINICAL STRATEGIES

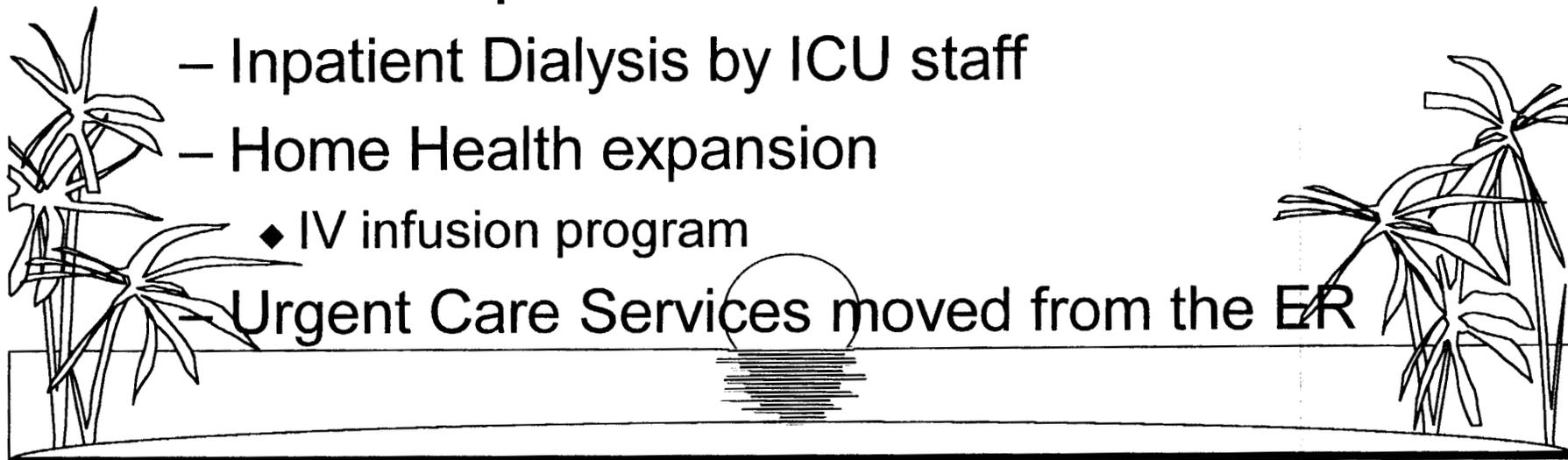
- Clinical Effectiveness Studies

- Top DRGs
- Decrease variability of practice
- Measure outcomes and cost
- Case Management

- Service Expansion

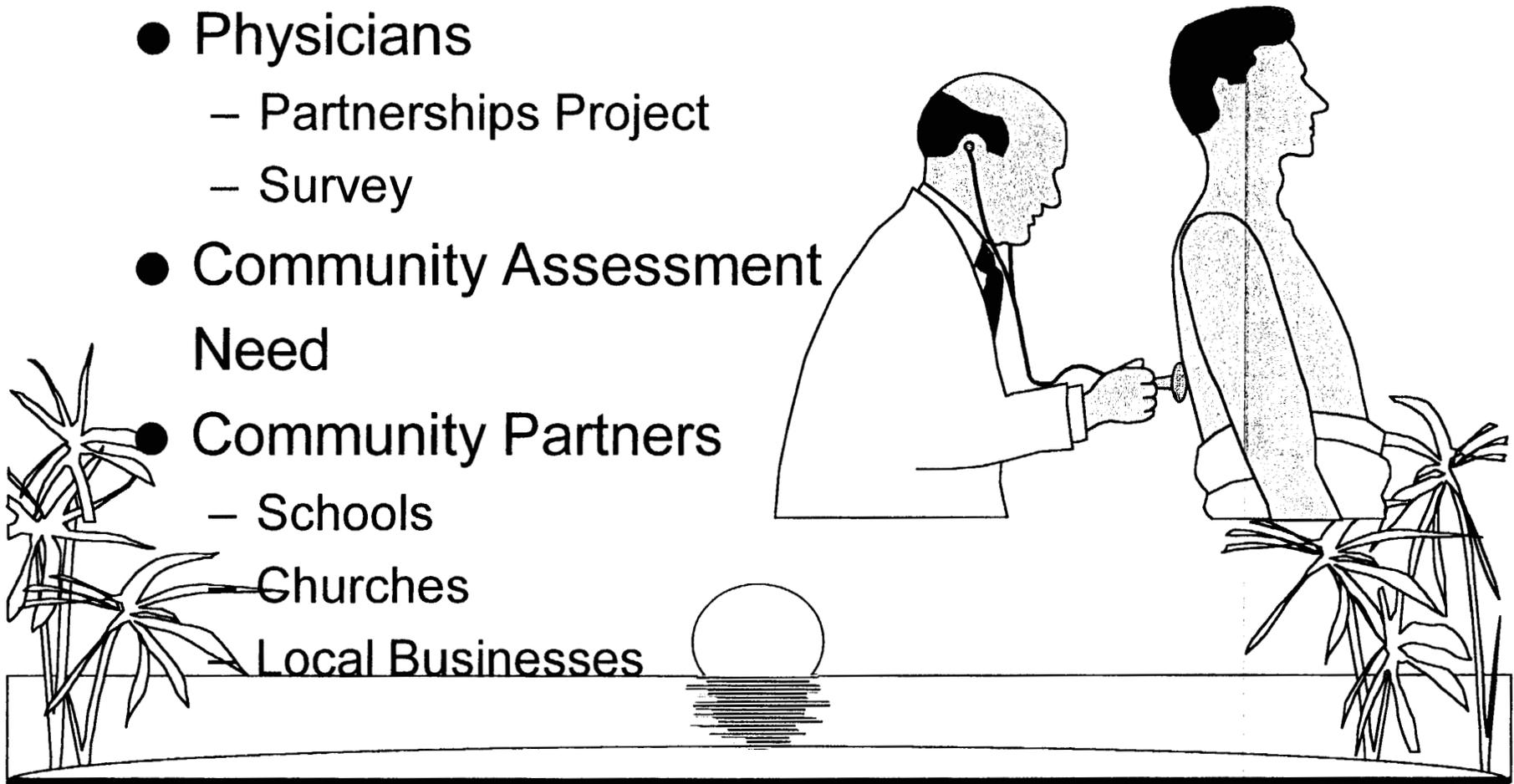
- Inpatient Dialysis by ICU staff
- Home Health expansion
 - ◆ IV infusion program

– Urgent Care Services moved from the ER



CUSTOMER SATISFACTION

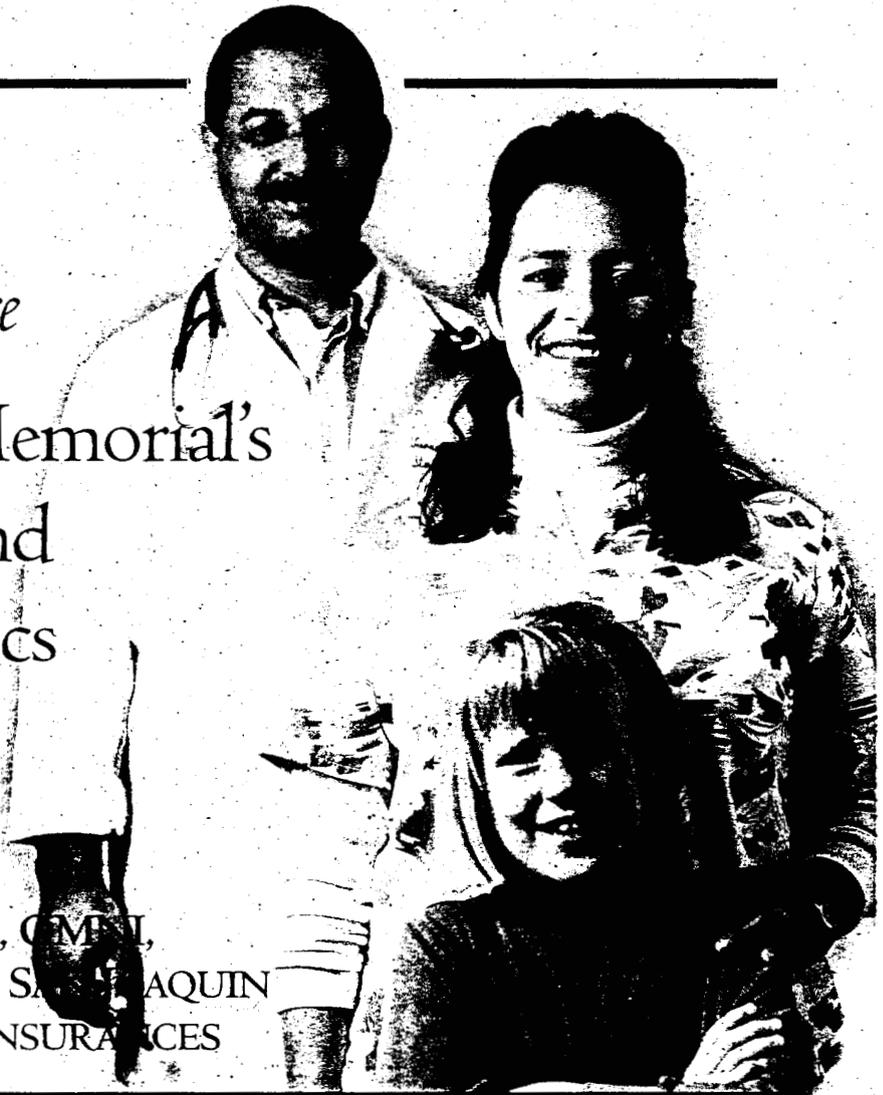
- Patient Survey
 - Community Education Courses
- Physicians
 - Partnerships Project
 - Survey
- Community Assessment Need
- Community Partners
 - Schools
 - Churches
 - Local Businesses



*To stay in Lodi for
all your medical care*

Choose Lodi Memorial's
Primary Care and
Obstetrics Clinics

- COMPLETE CARE FOR THE WHOLE FAMILY
- ACCEPTING MEDI-CAL, CEMENT, THE HEALTH PLAN OF SACRAMENTO, AQUIN AND MOST MEDICAL INSURANCES



PRIMARY CARE CLINIC: *Medical care for the whole family*

2415 W. Vine, at S. Lower Sacramento, Lodi
Monday-Friday, 8 am - 5 pm; Sat., 8 am - 3 pm • 333-3121

OBSTETRICS CLINIC: *Pre-natal care*

2415 W. Vine at S. Lower Sacramento, Lodi
Monday-Friday, 8 am - 3 pm • 333-3030



Lodi
Memorial
Hospital

*Served by the Grapeline's Route One
Call 333-6806 for schedule information*

PEOPLE ARE AT THE CENTER
OF ALL WE DO

*Para quedarse en Lodi para
todos sus necesidades medicales*

Escoga las Clinicas de Lodi Memorial

- SERVICIOS MEDICALES PARA
TODA LA FAMILIA
- ACEPTAMOS TODOS TIPOS DE
SEGUROS MEDICOS, INCLUYENDO MEDICAL,
OMNI, Y EL HEALTH PLAN DE SAN JOAQUIN



CLINICA DE ATENCION PRIMARIA: *Servicios medicales para toda la familia*

2415 de la calle W. Vine en la Lower Sacramento • Lunes a Viernes,
de las 8 hasta las 5; Sabado, de las 8 hasta las 3 • 333-3121

CLINICA OBSTETRICA: *Servicios prenatales*

2415 de la calle W. Vine en la Lower Sacramento
Lunes a Viernes, de las 8 hasta las 3 • 333-3030

*Servido por la ruta Numero Uno del Grapevine
Lláme a 333-6806 para el horario en español*



Lodi
Memorial
Hospital

USTED Y SU FAMILIA ESTAN AL CENTRO
DE TODO LO QUE HACEMOS.



ADULT DAY CARE

AT HUTCHINS STREET SQUARE

A GOOD CHOICE

Any busy person who takes care of an aging parent or dependent adult can tell you - it's a challenge to keep everything running smoothly. Now that you are facing this new challenge, Lodi Memorial Hospital's Adult Day Care, can provide you with a needed break, a chance to take care of other responsibilities or simply rest! Visit the center today and see why Adult Day Care is a good choice!

- * PLANNED ACTIVITIES
- * NUTRITIOUS LUNCH
- * SOCIALIZATION
- * CATER TO SPECIAL DIETS
- * ASSISTANCE WITH PERSONAL HYGIENE
- * WHEELCHAIRS AND WALKERS WELCOMED
- * \$14.00 and \$20.00 PER DAY
- * 4 OR 8 HOUR DAYS AVAILABLE
- * ATTEND UP TO 5 DAYS A WEEK
- * FINANCIAL ASSISTANCE AVAILABLE

PRE ASSESSMENT AND REGISTRATION REQUIRED

DON'T WAIT UNTIL YOU BECOME EXHAUSTED FROM YOUR CAREGIVING RESPONSIBILITIES — CALL US TODAY, WE ARE HERE TO HELP YOU. **369-4443**

WHAT OTHERS HAVE TO SAY ABOUT THE ADULT DAY SERVICES CENTER:

" THE TIME MY HUSBAND SPENDS AT THE CENTER ALLOWS ME TO HAVE A LIFE AGAIN." Betty

" IT GIVE ME TIME TO MYSELF." Pauline

" MOTHER LOVES TO BE WITH OTHER AND WITH PEOPLE WHO CARE ABOUT HER. IT'S ONE OF THE FEW THINGS SHE REMEMBERS." Jeri

" JUST A NOTE TO LET YOU KNOW HOW MUCH I APPRECIATE ALL YOU DO FOR MOM. YOUR LOVE AND CARING MAKES OUR LIVES SO MUCH BETTER." Judy

" MOM IS BEING NOURISHED MENTALLY AS WELL AS PHYSICALLY IN THE WARM POSITIVE ATMOSPHERE." Betty

" IT'S A PLACE WHERE I CAN TAKE MY LOVED ONE WHEN I MUST WORK OR RUN ERRANDS AND KNOW THEY ARE WELL TAKEN CARE OF." Chuck

*A unique gift for yourself
and it's absolutely
FREE*

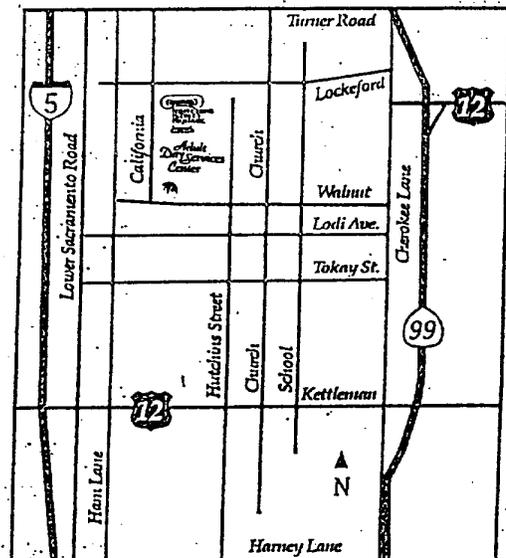
A FREE four hour visit to Lodi
Memorial Hospital's
Adult Day Services Center
at Hutchins Street Square

Pre- assessment and registration
required. Please reserve 24 hours
in advance. Call 369-4443
Lic# 390313117



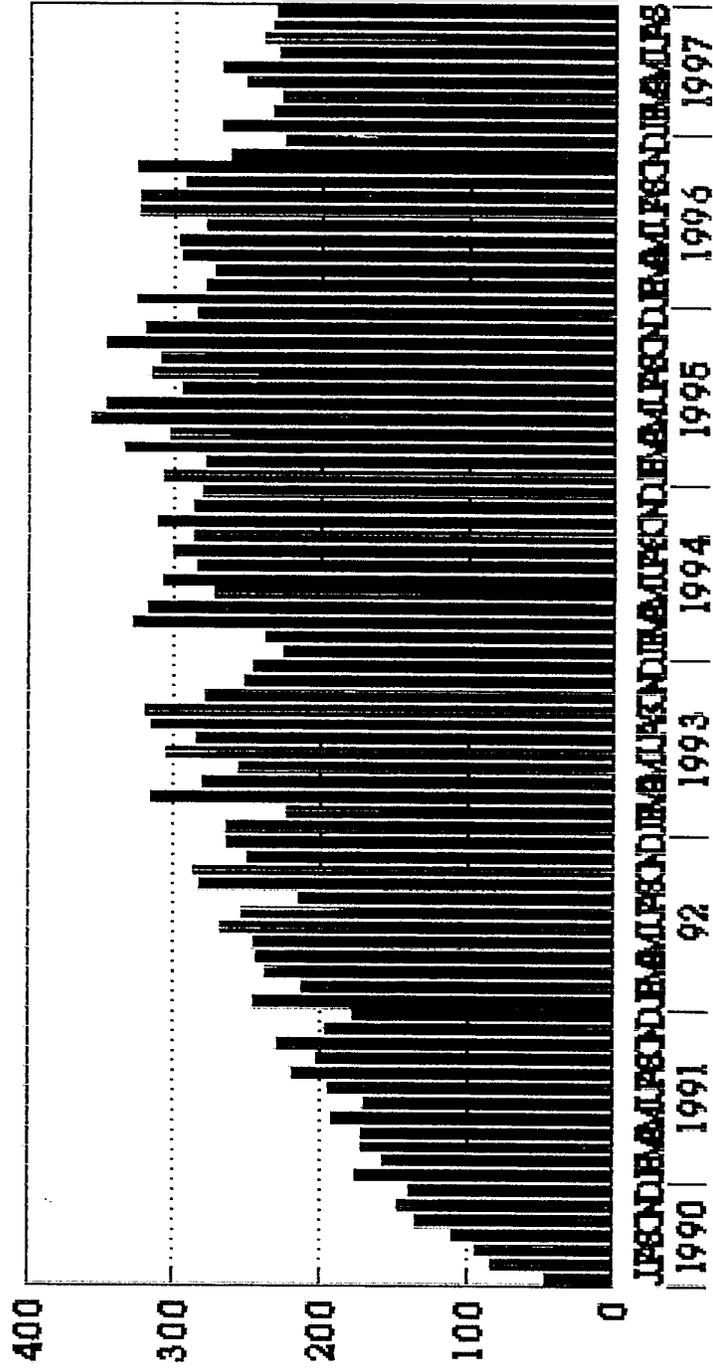
ADULT DAY CARE

Directional Map
125 S. Hutchins Street
Lodi, CA 95240



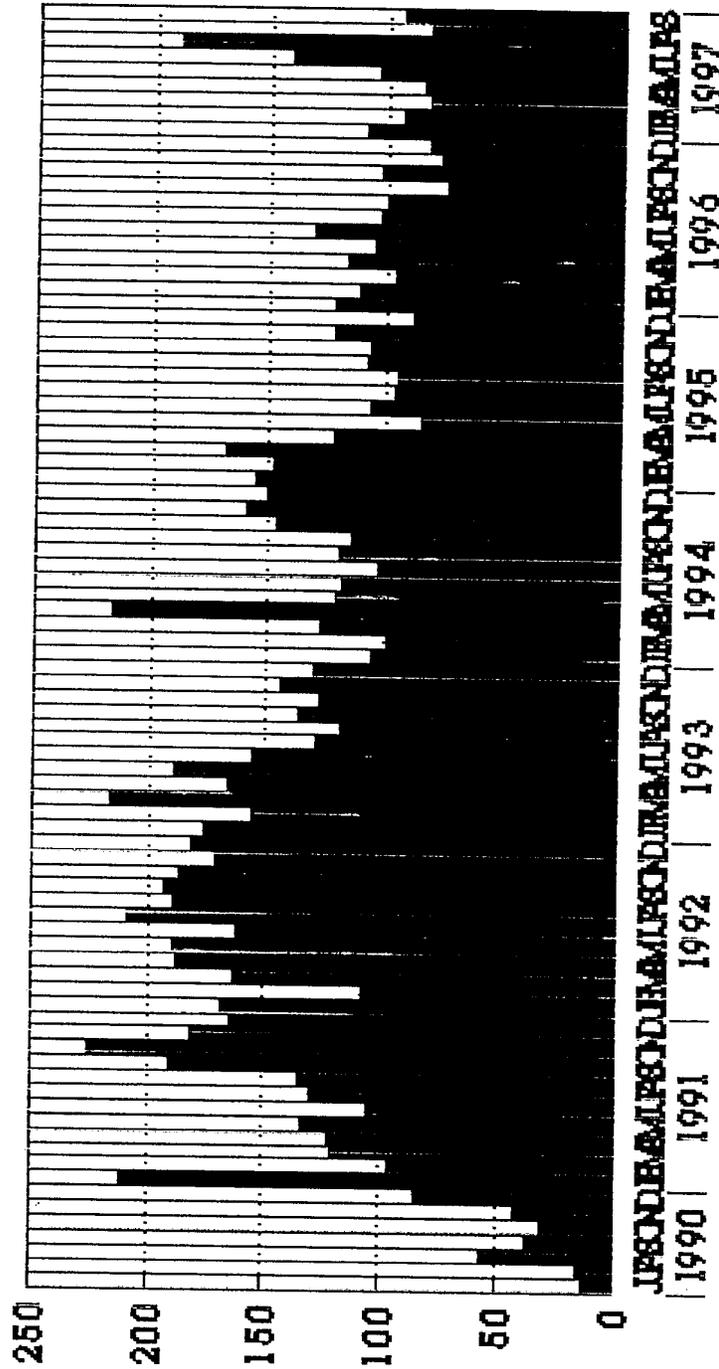
ADULT DAY CARE

HUTCHINS STREET SQUARE



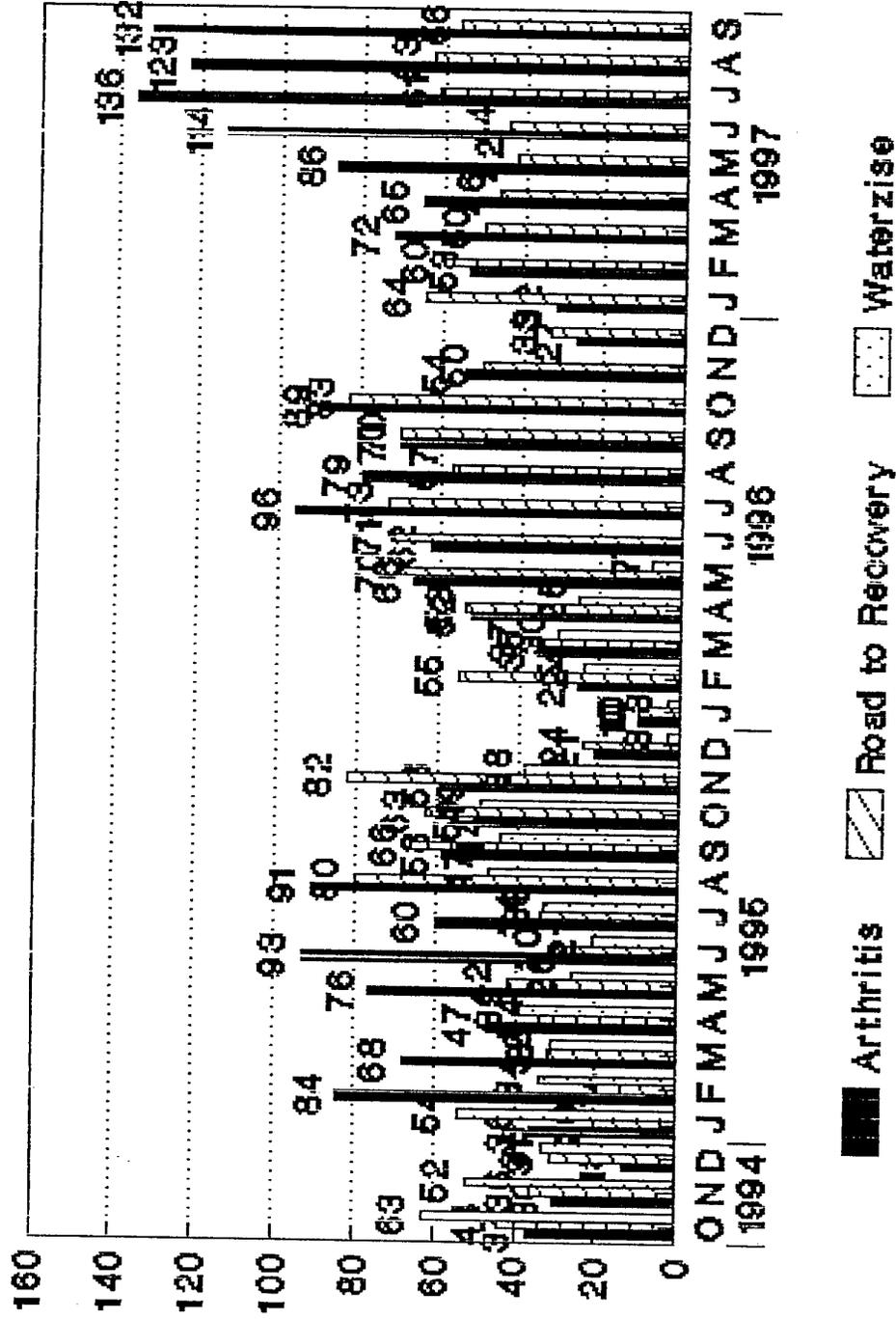
■ TOTAL CLIENT VISITS

ADULT DAY CARE HUTCHINS STREET SQUARE



■ VOLUNTEER HOURS

Wellnes



THE SQUARE

Hutchins Street Square News

A Publication of Hutchins Street Square • 125 South Hutchins Street, Suite A • Lodi, California 95240

F&H CONSTRUCTION LEADS THE WAY WITH DONATIONS



There is just no end to the support we find in the community towards Hutchins Street Square.

Our newest contributor is F & H Construction and many of its sub-contractors with their recent decision to build the port cochere as a donation to the project.

The port cochere, valued at \$120,000, is a graceful overhang which connects to the north side of the new Performing Arts and Conference Center. It links the building to the center parking lot median and provides a drive-through shelter for entrance to the facility from the Oak Street parking lot.

Footings were dug last week and sidewalk superintendents will begin to see the entrance take shape over the next few weeks.

The principals of F & H Construction expressed their pride in the work that has been done in Lodi with the construction of the Performing Arts and Conference Center at Hutchins Street Square.

“We were the contractors on the Senior Complex seven years ago, and it is a continuing pleasure to work with the City of Lodi. They have a fine team of people, including the architect and the construction manager, and you certainly cannot deny the support they generate from members of the community. Lodi is just a fine town, and our employees and subs are thrilled to be working so close to our home base.”

On behalf of the Hutchins Street Square Foundation, Chairman Dennis Bennett commented, “You would be hard pressed to find a company as professional and committed to a project as F & H Construction. We are very pleased with their work and expect the community will appreciate their attention to detail. The addition of the Performing Arts and Conference Center’s port cochere is a substantial contribution, and we are truly grateful for their support.”

“WIGGLE IN YOUR SEATS” ALMOST SOLD OUT!

Our seat sales are going well and we have less than 200 left to claim, so if you’re aiming to “Wiggle In Your Seat” with the rest of Lodi, you had better place your order fast!

The theatre seat campaign in the new performing arts theatre is a wonderful testimony to the support local folks have offered to the final construction phase of Hutchins Street Square. A total of 789 theatre seats were available for a contribution of \$250 (cash, check or Visa/Mastercard!) to purchase a seat of your

choice featuring engraved armrests personalized with your name.

The theatre chairs are a burnished red mohair covered seat surrounded by a mahogany wood back. Individuals who purchase seats are invited to a one-time “Wiggle In Your Seat” recognition party with entertainment and a photograph of the friends of Hutchins Street Square enjoying their position.

“Every seat in our new theatre is in the first class section,” according to our architect Tim Mattheis, and it is evident by the pattern of seats chosen by our

donors. Aisle seats, center front and back rows all share equal billing by the folks who are donating and choosing their very own chair.

The guarantee for your seat, of course, is that you can sit in your special chair that one night and enjoy the party. This effort is a fund raiser to help cover construction costs. A master plan of the theatre seating is in the Hutchins Street Square office and we would love to let you choose the chair of your choice. Please call 333-6782 and have Toni personally assist you.



LODI ARTS COMMISSION

Lodi Arts Commission Specialty Classes

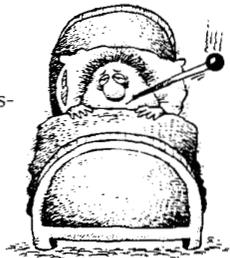
The Lodi Arts Commission has developed an exciting array of art classes for the Fall season. Our Student Enrichment Programs include classes in creative drawing and illustration, cartooning and caricature drawing, ceramics, mask making and intro to color and design painting. Also offered are our ongoing dance classes in ballet, tap and creative dance and the ever popular Mostly Manners class for kids.

For adults we have programmed a variety of arts and crafts classes including: How to Make an American Quilt, a ballroom dancing workshop that will teach the cha-cha and the rumba and Halloween costume design and mask making classes. Adults also have the opportunity to learn tap, ballet or belly dance.

Call the Lodi Arts Commission for class information and registration at 367-5442.

Flu Shots at the Square

Mark the date! Friday, November 21, 1997 (the week before Thanksgiving) will find Lodi Memorial Hospital's staff at the Square and giving free flu shots. Use the Walnut Street parking lot and follow the signs. Flu shots begin at 6:00 a.m. and continue through 7:00 p.m. There's no excuse for getting sick this winter.



Local Wood Crafter Donates Table to the Square



Hutchins Street Square neighbor Ryan Lanchester was more than just curious about the construction of the new Performing Arts and Conference Center and actually convinced us there was furniture in the roof trusses. And we were certainly impressed when he walked back into the office a few months later with a beautiful hand-crafted mission style table and benches made from the reclaimed wood of the auditorium roof.

Lanchester said, "The idea of the table and benches occurred to me when I saw the old roof of the auditorium being removed and the wood was destined for less noble purposes. The douglas fir had served as roof trusses for the better part of a century and endured the incredibly high temperatures that can be obtained in an attic in the San Joaquin Valley."

"Wood seasoned in this manner is, needless to say, rarely used in the construction of furniture. In fact, I have never had the experience of working with wood this hard or heavy. It was tricky, and at times trying, to obtain the desired results."

"Despite some of the less than desirable characteristics of the wood, it was very satisfying to have these pieces of furniture made from the old high school. Hopefully these pieces will live on into the future for at least as long as they served as a roof. Good use of a tree!"

On behalf of the Hutchins Street Square Foundation, we thank Ryan for his generous donation of time and talent and guarantee the tables and benches will find a prominent spot in the newly constructed Performing Arts and Conference Center.

Greater Lodi Area Youth Commissioners

Aaron Lange, Chairman
Jessica Williams, Vice-Chair
Suzanne Radotic Julia Rough
Charlie Tyler Bobby Whitmire
Christina Wright

Adult Advisors:

Dr. Ken Mullen Samir Barbaw
Sherrie Handel Marilyn Hughes
Phillip Pennino, Mayor
Dave Wright

City Liaison:

Yvette Maragliano,
Special Projects Coordinator,
Hutchins Street Square

Upcoming Program Events for the Greater Lodi Area Youth Commission 1997-1998

September 18-21 Lodi Grape Festival - Recycle City project with California Waste Recovery Systems
October & November Owl Box project with all Lodi area high schools
November 3-21 Canned Food Drive with all Lodi area high schools
December 4 Parade of Lights
January 17 (tentative) Winter Dance
February 6 Greater Lodi Area Youth Conference
April (tentative) Women's Football Bowl
May (tentative) Annual Signing Party
June (tentative) Summer Swim Night and Dance
August 8 Wet 'N Wild
August through May Teen Lead - Jr. Leadership Lodi program
Monthly Award Honoring Teens - Teen of the Month program

Christmas Ball Features Doll Houses at Auction

It seems like Christmas around town with eight families volunteering their time to assemble children's doll houses as part of chairman Carol Meehleis' vision of the holidays.

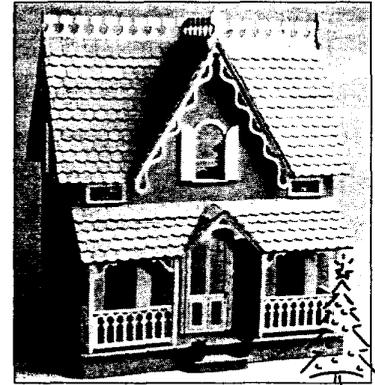
"These houses are definitely gifts of the heart," exclaimed Meehleis. "Some little girl or boy will absolutely be awestruck at these creations. We have a doll house called 'Beacon Hill' and another called 'Willowcrest' — and there is even a log cabin which should stir the interest of some grandparent to give their grandson on Christmas morning." Lodians who are painstakingly building the doll houses include Darren Kraemer, Bill Schultz, Merle Warner, Ruth Brown,

Perry Finch, Bill Meehleis and Avenue Florist.

Meehleis commented there will be one room in each house furnished by local merchants including Avenue Florist, Kiino Florist, Avenue Drugs, Accents, Chelsey's and Lakewood Drugs. The other rooms will be left bare for the new owner to furnish. Lakewood Drugs will display one of the doll houses in their Ham Lane store this fall.

The doll houses will be available for sale through sealed bid during the month of November at Hutchins Street Square, or through the live auction at the "Old Fashioned Christmas" Ball on Saturday, December 6, 1997.

Tickets for the Christmas Ball go on sale in November for \$150 per couple. The event features dinner by Wine and Roses Country Inn and dancing. For more information please call the Square at 333-6782.



Hats Off to Lodi Lions



In honor of deceased club members, the Lodi Lions has made it a practice over the past four years to purchase a legacy brick in their memory. We'd just like to take a moment to say "thanks" to the Lions Club, not only for establishing a permanent reminder of people who have lived in this community, but to also recognize their public service for years to come.

The Alumni Plaza walkway is filled with memory bricks and features the names of people who have long been your friends and neighbors. Take a moment to visit our front walk, it will stir your soul.

Christmas Wish List

We're looking for benefactors that can help supply things on our wish list. Perhaps it is you and your family!

- Seven-foot concert grand piano for the theatre
- Washer and dryer for Camp Hutchins



Adult Day Care at Hutchins Street Square

A GOOD CHOICE — Any person who takes care of an aging parent or dependent adult can tell you — it is a challenge to keep everything running smoothly. Lodi Memorial Hospital's Adult Day Care can provide you with a needed break, a chance to take care of other responsibilities or simply rest! Visit or call the Center today and see why Adult Day Care is a good choice! Don't wait until you become exhausted from your caregiving responsibilities. We are here to help you — 369-4443.

*A unique gift for yourself and it's absolutely **FREE!***

A FREE four hour visit to Lodi Memorial Hospital's Adult Day Services Center at Hutchins Street Square.

Pre-assessment and registration required.
Please reserve 24 hours in advance.
Call 369-4443. License #390313117



BRICK BY BRICK...

The bricks tell a wonderful story about "community," whether celebrating a new birth, recognizing a friend or fondly remembering a lost one, the legacy bricks at Hutchins Street Square are a gift of the heart.

The east entrance of the Square is lined with individually printed bricks purchased by Lodi area folks as part of our fund raiser to generate money and interest in rebuilding the facility. The design of the bricks includes 20 x 24 foot squares which are edged with the old town red colored bricks from the H.C. Muddox Company in Sacramento. Each brick is imprinted with a personalized message from the purchaser. Centered in the middle of each large square is a brass circle engraved with the year of the graduating classes from Lodi Union High School.

Bricks can be purchased at Hutchins Street Square, corner of Walnut and Hutchins Street. Gift cards are available for those special gifts of a brick and we'd be happy to send them out for you!

Our newest bricks that will be laid in October include some of the following messages - come down and see for yourself!

*In loving memory of my Missy 1898-1997
Audrey Flemming McFaddin, Class of 1952
Ken Younkin, Kenco Vending, Est. 1978
Donia Magistris & Alexandra Lasser, Best Friends '97
Ed Murphy, Class of 1943
Nadine Schnaidt Murphy, Class of 1942
Terry Runyon, Class of 1970 Lodi High School
Jason Runyon, Liberty High Class of 1991
Herschel T. Mason, Jr., Class of '35
Vesta Pinkerton Mason, Class of '37
Carol Mason Bonadurer, Class of '58
Douglas B. Mason, Class of '60
In Memory of Chuck Katzakian, Class of '44
Clarence Marian Strobel, Wed 50 years '49-'99
Happy Birthday Barrie Puckett, 8-22-74
Duane E. Seibel "Sy", Class of 1952
Lion Frank Van Auken, Lodi Lions Club*

(use coupon at bottom of page)

Mail today with your check to Hutchins Street Square, 125 S. Hutchins Street, Suite A, Lodi, California 95240

YES! I WOULD LIKE TO HELP FINISH BUILDING THE SQUARE WITH THE PURCHASE OF A BRICK.
PLEASE FIND MY CHECK OF \$50 FOR EACH BRICK.

Message:

(3 LINES PER BRICK, 15 CHARACTERS PER LINE)

This project is a broad-based volunteer effort to rebuild the former Lodi Union High School as a community center. Your donation is tax deductible as allowed by law.

COMMUNITY WELLNESS AQUA - FITNESS

The Road to Recovery

Hutchins Street Square in conjunction with Lodi Memorial Hospital presents "The Road to Recovery," an eight week educational and aquatic exercise series. This series is taught by local professionals who specialize in Rehabilitation and Aquatic retraining. If you suffer from a stroke, neurological disease, or have had a joint replacement, this series is especially designed for you.

The temperature of Hutchins Street Square's pool is maintained at 85 degrees Fahrenheit which is a safe temperature that will prevent the body from over-heating while exercising.

"The Road to Recovery" series will be offered on eight consecutive Tuesdays and Thursdays from 3:00 p.m. to 4:00 p.m.

The fee for this 8-part series is \$8 per class or cards are available for \$55 (8 classes - \$9 savings) for the entire series. Class size is limited, so pre-registration is required. Pay when you register.

Registration information can be obtained at Lodi Memorial Hospital Information Desk or Hutchins Street Square Senior Center, 125 S. Hutchins Street. For more information, call the Senior Center at 369-6921.



COMMUNITY WELLNESS AQUA - FITNESS



Arthritis Foundation Aquatic Program

Hutchins Street Square in conjunction with Lodi Memorial Hospital presents this aquatic program to help in "Keeping Lodi Healthy."

Purpose and Benefits:



The purpose of this aquatic program is to provide an opportunity for people with arthritis to participate in a recreational group activity. A friendly and supportive atmosphere is provided and an atmosphere where new friends can be made and new activities tried out without fear of failure. The social interactions provided by the program can decrease feelings of depression and isolation. Progress in the aquatic exercises may also lead to increased independence and improved self-esteem.



Although this aquatic program is a nonclinical program, that is, one that will not replace a prescribed regimen of therapeutic exercises, it may result in some physical benefits. The warmth and buoyancy of water can help decrease pain and/or stiffness and help improve or maintain joint flexibility. Depending upon the participant's capabilities, some persons may experience increased muscle strength and improved balance, coordination, endurance, and ability to perform daily tasks.



The Arthritis Foundation Aquatic Program is open to any adult with any type of arthritis. It is not necessary to know how to swim. Persons with severe joint problems or who have had joint surgery must have a physician consent signed prior to taking the class.

The Hutchins Street Square pool is certified by the Arthritis Foundation and the temperature is maintained at a comfortable 85 degrees Fahrenheit. This is a safe temperature that will prevent the body from over-heating while exercising.

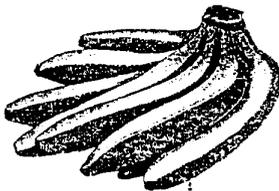
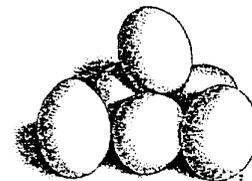
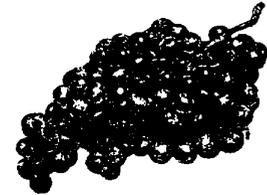
This program will meet on Tuesday and Thursday from 1 to 2 p.m. The fee for participants are \$5 per session or cards are available for \$36 (8 classes - \$4 savings). Pay at the first class.

Registration information can be obtained at Lodi Memorial Hospital Information Desk or Hutchins Street Square Senior Center, 125 S. Hutchins Street, or call the Senior Center at 369-6921.

NUTRITION BASICS FOR ADULTS _____

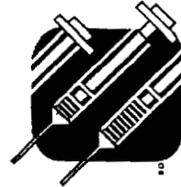
Everything you ever wanted to know about your nutritional needs but could not afford to ask! You can talk to a Registered Dietitian from Lodi Memorial Hospital's Outpatient Nutrition Counseling Service, at NO cost to you. The third Wednesday, every month from 11:00 am to 1:00 pm at Hutchins Street Square Senior Center, Lodi Memorial Hospital will provide a registered Dietitian to answer your questions. Call and make your **FREE** appointment.

- * INDIVIDUAL NUTRITIONAL NEEDS COUNSELING
- * BODY BASICS --- THE UPS AND DOWNS OF WEIGHT
- * DIGESTION, DENTITION AND DEFICIENCY SIGNS
- * MOBILITY, MODIFIED DIETS AND MISINFORMATION
- * STRICT CONFIDENTIALITY
- * THIRD WEDNESDAY EACH MONTH 11:00AM - 1:00PM
- * HUTCHINS STREET SQUARE SENIOR CENTER
- * CALL FOR APPOINTMENT **369-6921**



WORKING TOGETHER FOR YOU

FLU SHOTS 1997



There will be several opportunities for you to receive your flu shots this year.

OCTOBER 3, 1997 - The Public Health Department will provide flu, pneumonia and tetanus shots at Hutchins Street Square from 9:30am to 11:00am. There is a small fee for each injection.

NOVEMBER 12, 1997- Lodi Memorial Hospital will conduct a Drive Thru Flu shot clinic at Lodi Memorial Hospital, Main. from 9:30am to 2:00pm. The cost: **FREE**.

NOVEMBER 21, 1997- Lodi Memorial Hospital will conduct a Flu shot clinic at Hutchins Street Square from 6:00am to 7:00pm and the cost: **FREE**

For more information: see Terri at the Adult Day Care
(369-4443)



975 South Fairmont Avenue
P.O. Box 3004
Lodi, California 95241-1908
(209) 334-3411
FAX (209) 368-3745

Free Flu Shots

Fight the flu! Lodi Memorial Hospital will offer free flu shots to community members 18 years and older. Quantities are limited, and shots will be given on a first-come, first-served basis. Flu-shot clinics will be held throughout November at the following times and locations:

- Wed., Nov. 5, 10a-2p
Galt Medical Services, 387 Civic Dr., Galt
- Fri., Nov. 7, 8a-12noon
Ham Lane Clinic, 1235 W. Vine St. at Ham Ln., Lodi
- Wed., Nov. 12, 9a-2p, Drive-thru
Lodi Memorial Hospital, 975 S. Fairmont Ave., Lodi
- Wed., Nov. 12, 1-3p
Primary Care Clinic, 2415 W. Vine St. at S. Lower Sacramento Rd., Lodi
- Thurs., Nov. 13, 9-11a
PrimeMed Clinic, 52 E. Main St., Ione
- Fri., Nov. 14, 8a-12noon
Ham Lane Clinic, 1235 W. Vine St. at Ham Ln., Lodi
- Fri., Nov. 14, 2-5p
Galt Medical Services, 387 Civic Dr., Galt
- Wed., Nov. 19, 1-3p
Primary Care Clinic, 2415 W. Vine St. at S. Lower Sacramento Rd., Lodi
- Thurs., Nov. 20, 2-4p
PrimeMed Clinic, 52 E. Main St., Ione
- Fri., Nov. 21, 6a-7p
Hutchins Street Square, 125 S. Hutchins St., Lodi

For additional information, please call 334-3411, ext. 8540.



**ADULT CHILDREN
WITH
AGING
RELATIVES**





Anguish, frustration, devotion and Love....
A fierce tangle of emotions comes with parenting ones aged parents or relatives...
Often times you have trouble sorting out your feelings...You are not alone - More than 6 million elderly Americans need help with basic needs like getting out of bed, managing finances etc..and most of these are cared for by family members.

Adult Children of Aging Relatives is a new support group, formed to address those problems and emotions you are facing.

Meeting each month at Hutchins Street Square, the focus will be on issues related to the aging parent or relative.

OBJECTIVES.....

- * Coping with caregiving
- * Managing stress of the caregiver.
- * Establishing limits
- * Involving others
- * Taking care of yourself
- * Choosing the best options for your parent/relative
- * How to choose a long term care facility
- * Community resources

WHEN: Second Wednesday each month...

TIME: 7:00 PM

WHERE: Hutchins Street
Square Senior Center
125 S. Hutchins St
Lodi, CA 95240

FACILITATORS

- Terri Whitmire, MA**
- * Marriage and Family counseling background.
 - * Lodi Memorial Hospital employee for 20 years
 - * Director, Adult Day Services Center at Hutchins Street Square

- Valerie Hawkins, RN**
- * Senior Peer Counselor for San Joaquin County.

GUESTS SPEAKERS....

CALL 369-6921 or 369-4443
FOR MORE INFORMATION



HOW WE CAN HELP

Individual plans of care are developed for each participant, and regularly scheduled activities encourage independence and socialization.

Daily activities often include armchair exercises, arts and crafts, swimming, therapeutic memory games, gardening in our enclosed patio and music therapy.

Nourishing lunches and snacks are a part of each day's activities and special diets are easily accommodated.

Assistance with personal hygiene is also available.



TRANSPORTATION

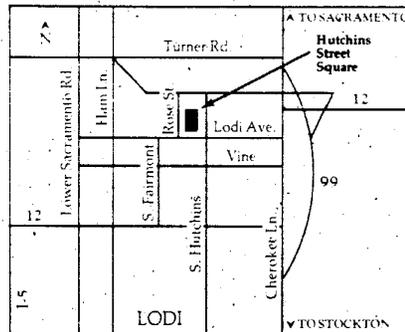
- Assistance is available to arrange dial-a-ride, county transit if needed.

ABOUT OUR FACILITY

- The Adult Day Services Center is located at Hutchins Street Square. The building and restrooms are wheelchair accessible.

PRE-REGISTRATION

- Participants must pre-register.
- For a free assessment, tour or more information, please call (209) 369-4443.



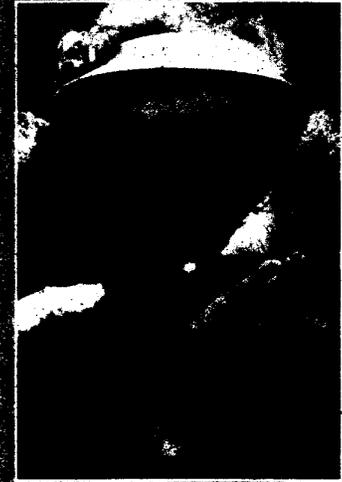
ADULT DAY CARE SERVICES

LICENSE NUMBER 390313117

Terri Whitmire, Director

125 S. Hutchins St. • Lodi, California 95240
(209) 369-4443

*Adult Day Care Services are offered
as a community service by Lodi Memorial Hospital,
a non-profit hospital.*



ABOUT OUR PROGRAM

Lodi Memorial Hospital's Adult Day Care Services Center is a licensed program at Hutchins Street Square for older and disabled adults who cannot fully care for themselves.

The program provides friendly, stimulating care and support through a variety of daily activities which encourage group participation.

Care-giving families can also find support services through this program, as well as referral to other programs and services for older and disabled adults and their care givers.



HELPING THE CARE GIVER

The Adult Day Services Center helps fill the gap between senior centers and full-time residential care. Spouses or other care givers are given respite from caring for a loved one who may require around-the-clock care.

With this respite, care givers can then attend to their jobs, household activities, shopping or their own health-care needs knowing that their loved ones are in a safe, supportive environment.

Support groups are available to help care givers cope with the challenges of caring for an adult loved one.



ADULT DAY CARE CENTER OFFERS

- A caring, safe, supportive environment
- Individual plans of care
- Music therapy
- Zoo presentations
- Arts and crafts
- Entertainment
- Intergenerational activities
- Nutritious meals and snacks
- Accommodations for special diets
- Supervised armchair exercises, walks, swimming and gardening
- Support for family members
- Assistance with personal hygiene
- Referral to other services

ELIGIBILITY

- Adults requiring supervision and/or the need for socialization
- Wheelchair participants welcome
- Residents of any city

HOURS

- Monday through Friday, from 8 to 4; participants may attend full days, half days, and as many or as few days of the week as they like.

FEES

- The Adult Day Services Center fees are affordable and based on either half-day or full-day attendance.



ADULT WEEKEND RESPITE CARE



LODI MEMORIAL HOSPITAL

- Adult Day Care
- Adult Weekend Respite Care

975 S. Fairmont Avenue
Lodi, CA 95240
209/369-4443

*People are
at the center
of all we do*



ABOUT ADULT

WEEKEND RESPITE

Lodi Memorial Hospital's weekend respite program provides a weekend of rest for care givers of adults too frail to care for themselves. Weekend respite allows the care giver time to herself or himself, while knowing that her or his loved one will be cared for by medical professionals.

HOW IT WORKS

Weekend respite is available on the second weekend of each month. Care givers seeking weekend care for their adult relative, friend or loved one may register that individual at least one week prior to her or his stay. Clients may then be brought to the hospital's main campus Admissions Office between 4-6pm, on the second Friday of each month, and called for by 4pm the following Sunday.

WHAT IS OFFERED

Adults in weekend respite care will be cared for by trained health-care professionals and will stay overnight in the hospital's newest wing, its outpatient surgery unit. There they will be joined by other adults, be offered nutritious meals and snacks from the hospital's kitchen and have the opportunity to socialize with other adults in weekend care. Movies, arts and crafts and games will be offered for these special adults. Only eight adults are accepted each weekend, so care givers can rest assured their loved one receives all the care and attention she or he deserves.

WHO IS ELIGIBLE

- Adults who are unable to safely care for themselves
- Residents of any area
- Adults with physician approval

WHEN IS IT OFFERED

- Second weekend of the month

COST

- The cost is \$130 per adult per weekend; there will be a late charge assessed if individuals are picked up after 4pm.

HOW TO REGISTER

- Call 369-4443 at least one week prior to the weekend of choice. Participation is limited to eight adults each weekend, so early reservations are recommended.